Key to Life Foodbank

All Saints Church Cleadon
walking and working with God

Community Kitchen

Helping families create affordable, nutritious meals at home

Crispy Cheese Frittata

by Pete Zulu, The Black Horse, East Boldon

Ingredients

- 3 eggs
- 1 bag flavoured crisps
- Grated cheese, to taste
- Herbs (optional)

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Prep: 5 mins | Cook: 10 mins | Serves: 2-3

Method

1. Preheat the oven to 180°C
2. Beat the eggs in a bowl.
3. Crush the crisps slightly and place in an ovenproof dish.
4. Pour over the eggs and sprinkle with grated cheese.
5. Add herbs (if using).
6. Bake for 10 minutes, or until golden and set.
7. Serve hot in slices.